WORLD ENGLISH 1 · 3rd Edition

# Unit 4
# Food

**Session 1: A · B**

Adult class · 5 learners · 60 minutes



# Today’s food trip

1 min · Class plan

8' | 4' | 10' | 10' | 6' | 8' | 12'

START



**Ice breaker**
0–8 min
Love it / hate it line



**Lead-in**
8–12 min
Unit photo and goals



**A · Vocabulary**
12–22 min
Food groups, sorting, favourites



**A · Grammar**
22–32 min
Count / non-count, some, any

FINISH



**A · Goal check**
32–38 min
Describe a recipe



**B · Listening**
38–46 min
A restaurant conversation



**B · Communication**
46–58 min
Reduced forms, menu, role-play



**Wrap-up**
58–60 min
I can… and home practice

# Ice Breaker: Love it or Hate it?

2 min · Whole class

### Stand up
Imagine a line across the room.

### Teacher says a food
“Pizza!” “Olives!” “Chocolate!”

### Walk to your place
Love it … Hate it.

### Tell your neighbour
“I love pizza. I don’t like olives.”

## Language to use

I love / like ___ .

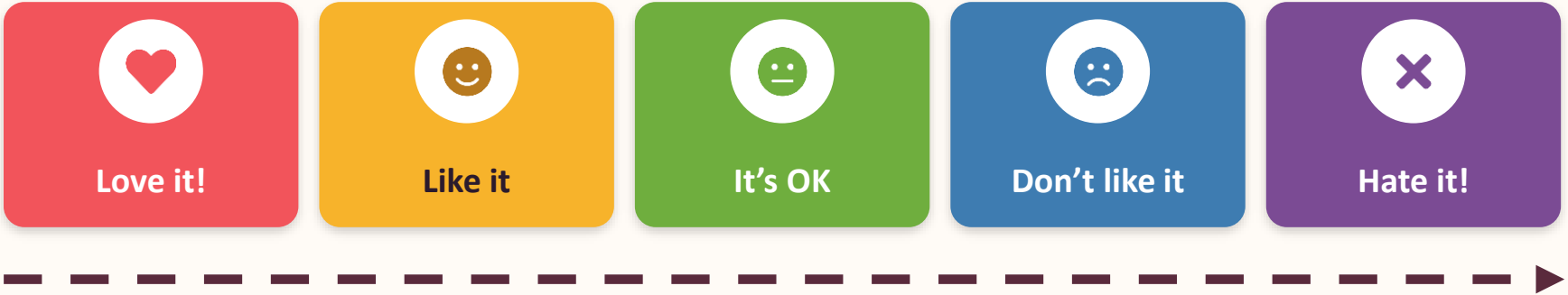
I don’t like ___ .

Me too! / Really?

Stand up!

# Where do you stand?

6 min · Move & talk




pizza | fish | coffee | chocolate

lemons | olives | mushrooms | spicy food

# Look at the photo

2 min · T–Ss



*Food is different around the world. This photo shows vegetables, including carrots and beets.*

**Do you eat any of these foods?**

**Where do you buy your food?**

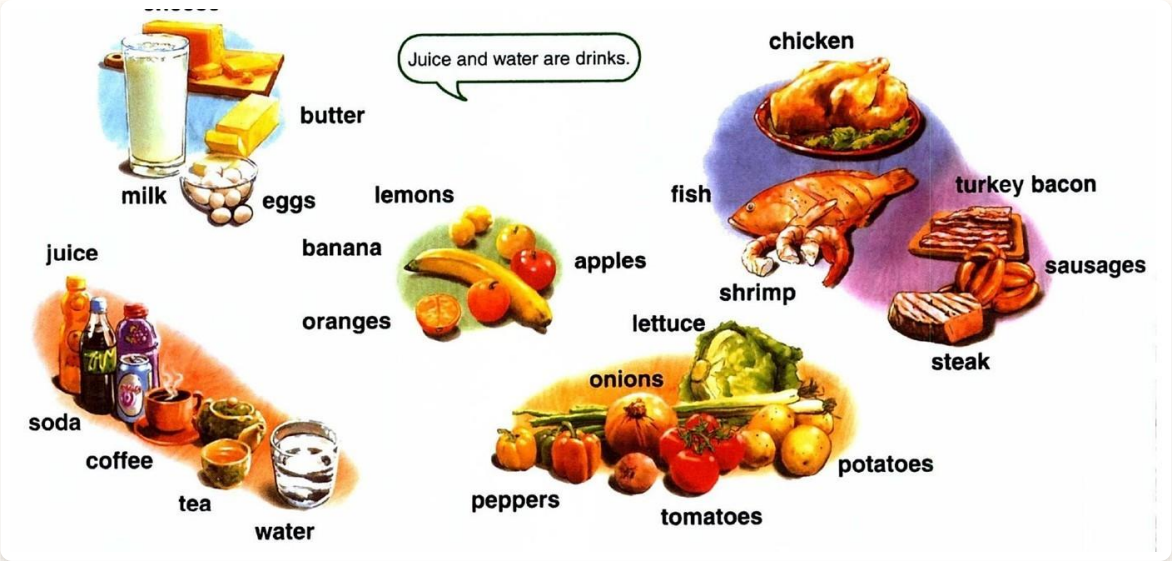
# Unit 4 goals

1 min · T–Ss

| | | |
|---|---|---|
| A | Describe a Recipe | Session 1 |
| B | Order a Meal | Session 1 |
| C | Talk about Diets | Session 2 |
| D | Plan a Farm or Garden | Session 2 · background |
| E | Follow and Give Instructions | Session 2 |

# Food groups

3 min · Pairs → Class




- dairy products
- drinks
- fruit
- meat
- vegetables

**Pair talk: Juice and water are drinks. What group are lemons?**

# Sort the foods

4 min · Teams



## dairy products

cheese · milk · butter · eggs



## drinks

juice · water · coffee · tea · soda



## fruit

apples · lemons · bananas · oranges



## meat

chicken · fish · shrimp · steak · sausages



## vegetables

lettuce · onions · peppers · potatoes · tomatoes

GAME TIME!

# Your favourite foods

3 min · Pairs



dairy

_____



drink

_____



fruit

_____



meat

_____



vegetable

_____

MY WORLD

**What are your favourite foods? Choose one from each group and tell a partner.**

# Count or non-count?

3 min · T–Ss

| | Count (singular) | Count (plural) | Non-count |
|---|---|---|---|
| **Statement** | We need an apple. | There are some apples. | There is some cheese. |
| **Negative** | I don’t have a lemon. | There aren’t any lemons. | We don’t have any milk. |
| **Question** | Do we have a red pepper? | Are there any red peppers? | Do you have any butter? |

**a lemon · two lemons ✓ milk ✓ two milks ✗**

# Count or non-count race!

3 min · Teams

| COUNT (a lemon · two lemons) | NON-COUNT (milk) |
| --- | --- |
| | RACE! |

egg · milk · tomato · cheese · banana · juice

sausage · rice · onion · butter · lemon · water

# What’s in the fridge?

4 min · Individual → Pairs

**Lee:** I’m hungry. What’s in the fridge?

**Diana:** There are (1)___ eggs.

**Lee:** Do you have (2)___ vegetables?

**Diana:** Yes, I have (3)___ onion and (4)___ red pepper.

**Lee:** Great! Let’s make a Spanish omelet. Do you have (5)___ olive oil?

**Diana:** No, but I have (6)___ corn oil. That should be okay.

**Lee:** Sure. And we need (7)___ potatoes.

**Diana:** I don’t have (8)___ potatoes, but I can go to the store.

**Listen and check**

Audio 18. Then practise and switch roles.

**a / an · some · any**

Which one is it?

# Goal Check: Recipe Roulette

6 min · Pairs

Your turn!

Let’s make…

Do you have any…?

I need some…

I don’t have any…

I have a / an…

**Quiche**

eggs · cheese · milk · onion · salt and pepper

**Frittata**

butter · eggs · cheese · turkey bacon · tomato

# Are you ready to order?

2 min · T–Ss



*People eat at an outdoor café in Michoacán, Mexico.*

Are you ready to order?

Would you like some bread?

Would you like anything else?

Waiter!

# Listen: the order

3 min · Individual → Class

| | Drink | Food |
|---|---|---|
| Man | | |
| Woman | | |

**Listen**

Audio 19

What does each person order?



# Who asked?

3 min · Individual → Class

1. Can we order our drinks first? _____
2. Do you have any mineral water? _____
3. Would you like sparkling or still? _____
4. Are you ready to order? _____
5. Would you like an appetizer? _____
6. Does the steak come with a salad? _____
7. How would you like your steak? _____
8. Would you like anything else? _____

# Reduced forms

3 min · T–Ss

## Do you have…

Full: /du ju hæv/

**Reduced: /dəjə hæv/**

## Would you like…

Full: /wʊd ju laɪk/

**Reduced: /wʊdʒə laɪk/**

**Say it fast!** “Do you have any iced tea?” “Would you like some coffee?”

# Complete the menu

4 min · Individual → Pairs

## MENU

**(1) _____**

Garlic bread, cheese plate, vegetable (2) _____

**(3) _____**

New York steak and salad, chicken and French fries, Italian (4) _____

**(5) _____**

Strawberries and ice cream, chocolate cake, lemon pie

**(6) _____**

Mineral water, iced tea, (7) _____

**Word box**

appetizers

coffee

desserts

drinks

main dishes

pizza

soup

# Goal Check: At the restaurant

5 min · Role-play

Action!



## Student A: the waiter

Take the customer’s order. Then read the order back to them.



## Student B: the customer

Order a meal from the menu.

**Would you like…?**

**Do you have…?**

**I’d like…**

**So that’s…**

**Change roles and repeat!**

# Wrap-up: I can…

2 min · T–Ss

- name foods and food groups
- use count / non-count nouns with a, an, some, any
- describe a recipe with ingredients
- order a meal in a restaurant

## Home practice

Write the ingredients of a dish from your country and five sentences with some and any.