Lesson: Describe a Personal Challenge

■ Goal

Talk or write about something that was difficult for you, but you tried and learned from it.

■ Step 1: Topic Sentence

Start with 'When I was…' or 'I decided to…'

1. When I was 15, I decided to learn English.
2. I decided to start a new job in another city.
3. When I was a student, I tried to speak in public.

■ Step 2: What Happened?

Say what the problem was and what you did. Use simple past verbs like: was, tried, practiced, studied, worked, felt, learned.
At first, it was difficult to speak. I was shy and afraid of mistakes. I practiced with my friends and watched English videos every day.

■ Step 3: Result / Feeling

Say what happened in the end and how you felt.

1. After some time, I spoke better and felt more confident.
2. I learned that practice helps a lot.
3. I felt proud of myself.

✏■ Example Paragraph

When I was 16, I decided to learn how to drive. At first, I was very nervous and I made many mistakes. I practiced every weekend with my father. After one month, I could drive better and I passed my test. I felt happy and proud because I didn’t give up.

■ Writing Tips

1. Use specific details (time, place, what happened).
2. Use past tense verbs.
3. End with a feeling or lesson.

■ Now You Write!

Write your own paragraph about a personal challenge below:

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