WORLD ENGLISH 1 · 3rd Edition

Unit 2
A Day in the Life



Session 1: A · B

Adult class · 5 learners · 60 minutes

Today’s roadmap

1 min · Class plan



0–8 min

Ice breaker

Line up by time: When do you get up?

8–12 min

Lead-in

Unit photo, questions and goals

12–22 min

A · Vocabulary

12 daily activities and first / next / then

22–32 min

A · Grammar

Simple present, questions, Omar & Mia

32–38 min

A · Goal check

Talk about a typical day

38–46 min

B · Listening

Astronaut radio show, -s endings

46–58 min

B · Communication

Free-time questions, interviews

58–60 min

Wrap-up

I can… and home practice

Ice Breaker: Line Up!

2 min · Whole class

Stand up

Move to the open space.

Ask your classmates

“What time do you get up?”

Make a line

Earliest on the left. English only!

Check the line

“I get up at 6:30.”

Language to use

What time do you get up?

I get up at ___ .

Me too! / I don’t.

Three rounds, three times a day.

Three rounds

6 min · Move & talk



Round 1

What time do you get up?



Round 2

What time do you have lunch?



Round 3

What time do you go to bed?

Finale

Who is the early bird? Who is the night owl?

Look at the photo

2 min · T–Ss



Crab fishermen have a dangerous job, but they still have fun.

Where are these men?

Do they like their job?

When do you work?

When do you have free time?

Unit 2 goals

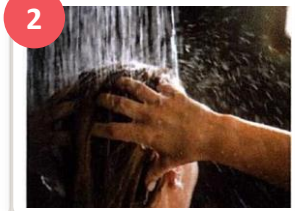
1 min · T–Ss

A	Talk about a Typical Day	Session 1
B	Talk about Free Time	Session 1
C	Describe a Special Day	Session 2
D	Talk about Hobbies and Interests	Session 2 · background
E	Plan a Party	Session 2

What are they doing?

3 min · T–Ss

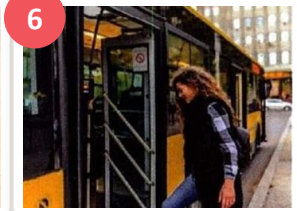
1 

2 

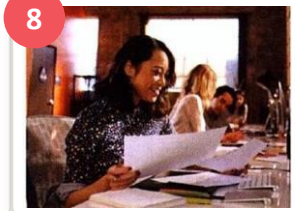
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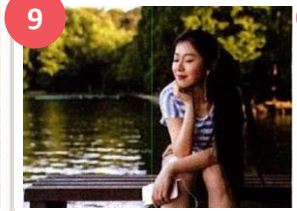
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5 

6 

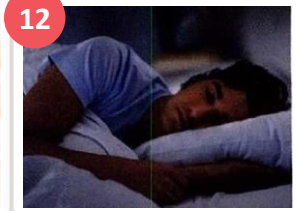
7 

8 

9 

10 

11 

12 

What things do you do every day?

Label the pictures

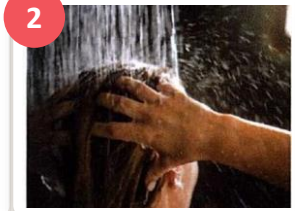
2 min · Individual → Class

1



get up

2



take a shower

3



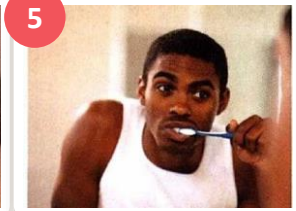
eat breakfast

4



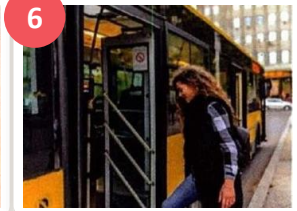
drink coffee

5



brush your teeth

6



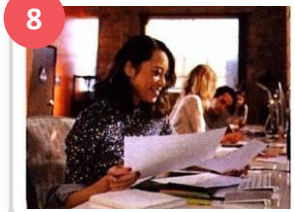
catch the bus

7



go to class

8



start work

9



take a break

10



have lunch

11



leave school

12



go to bed

Word Focus: verb + noun

1 min · T–Ss



eat / have
breakfast · lunch · dinner



drink / have
coffee · tea



catch
the bus · the train · the subway



start / leave
work · school

eat ____ drink ____ catch ____ start ____

First, next, then, finally

4 min · Individual → Pairs

First	Next	Then	Finally
I get up.	I take a shower.	I eat breakfast.	I catch the bus.

B Circle what you do every day.

C Write the activities in order.

D Tell your partner.

First I get up, and then I take a shower and brush my teeth.

Grammar: simple present

3 min · T–Ss

I / You / We / They	start don’t start	work at nine o’clock.
He / She / It	starts doesn’t start	work at nine o’clock.



he / she / it + -s / -es: starts · watches · goes · has

Questions and short answers

3 min · T–Ss

Yes / No questions

Do you start work at nine o’clock?

Yes, I do. / No, I don’t.

Does she start work at nine o’clock?

Yes, she does. / No, she doesn’t.

Wh- questions

What time do you get up?

At seven o’clock.

What time does she start work?

At nine o’clock.

Omar meets Mia

4 min · Individual → Pairs

Omar: So, Mia, what time (1)___ you ___ work?

Mia: I start work at nine o’clock.

Omar: (2)___ you finish work at five, then?

Mia: No, I (3)___. I finish at six.

Omar: That’s a long day! What time (4)___ you eat dinner?

Mia: My family (5)___ dinner at eight. Then we (6)___ to bed at ten.

Listen and check

Audio 8

Practise in pairs. Switch roles and do it again.

Goal Check: a typical day

6 min · Pairs

	You	Your partner
In the morning		
In the afternoon		
In the evening		

What time do you get up?

At 7 o'clock. Then I eat at 8.

What do you do in your free time?

2 min · Individual → Class

- watch TV
- get exercise
- read books
- play games
- take photographs
- go to the movies
- play a musical instrument
- eat out

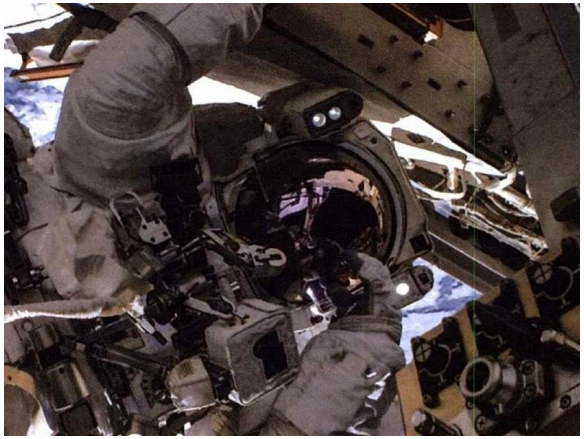
WORD FOCUS

go to (a place or event): go to the movies / the park / a football game

go + -ing (an activity): go running / shopping / swimming

Radio show: Drew

4 min · Individual → Class



Drew Feustal works on the International Space Station.

Audio 9

1. The astronauts always get up at …
a. six b. seven c. eight o'clock

2. Drew starts work …
a. at nine b. after exercise c. after breakfast

3. When does he take photographs?
a. at night b. in the afternoon c. on weekends

4. Free time on the weekends?
a. all day Sat. and Sun. b. Sat. afternoon and Sun. c. Sat. and Sun. mornings

Pronunciation: verbs ending in -s

2 min · T–Ss

/s/	/z/	/ɪz/
starts	comes	catches
gets	goes	watches
eats		

After ch, sh, s, z → /ɪz/ (watches, catches). Listen again and repeat.

Make the question

3 min · Individual → Class

1. you / go to the movies / Saturdays
2. you / get up / eight o’clock / weekends
3. you / watch TV / Sunday mornings
4. you / get exercise / evening
5. you / eat out / weekends

Prepositions of time

in the evening

on Saturdays

at eight o’clock

in = periods on = days at = times

Interview two classmates

5 min · Mingle

	Classmate 1	Classmate 2
1. Name?		
2. go to the movies?		
3. get up?		
4. watch TV?		
5. get exercise?		
6. eat out?		
7. _____ ?		
8. _____ ?		

Goal Check: so, neither, but

4 min · Pairs

so do / does

two affirmative sentences

Ana goes to the movies on Saturdays, and so does Sebastian.

neither do / does

two negative sentences

Ahmet doesn’t go to the movies on Saturdays, and neither does Lin.

but

one affirmative, one negative

Ahmet doesn’t watch TV on Saturdays, but Sebastian does.

Wrap-up: I can…

2 min · T–Ss

- talk about my typical day (first, next, then, finally)
- use simple present statements and questions
- say verbs ending in -s correctly
- ask and talk about free time

Home practice

Write 5 sentences about your typical day and 5 questions with Do / Does for a classmate.