

Lesson A Vocabulary and Grammar

A Complete the text with words from the box.

amount choice instead luxury quality satisfying usual waste

What Are Your Shopping Habits?

Olivia: I hate to admit it, but I love shopping. I enjoy going to a shopping center and having the (1) choice of so many different stores. My friends ask me why I (2) waste my money buying expensive brands (3) instead of buying the same things more cheaply elsewhere. But I tell them that I don't mind spending the extra money. I like the (4) luxury of buying high-quality products.

Luka: When I have to go shopping, I always make a list first and try hard to only buy those things. I've found that this way I can reduce the (5) amount of money I spend. I look for the (6) usual offers, like "two for one" or "buy two and get one free." Sure, (7) quality is important, but I don't spend more money than necessary. Yesterday, I went to the supermarket and spent less than I had planned. It was very (8) satisfying.

B Correct the error with the passive voice in each sentence.

- Quality of life is ^{improved} ~~improve~~ when people find balance between work and play.
- More cars ^{are} ~~is~~ produced every year.
- Many machines ^{are} ~~is~~ created to help make our lives easier.
- So much food in supermarkets is ^{thrown} ~~throw~~ away.
- Expensive ingredients, such as white truffles and caviar, are only ^{eaten} ~~ate~~ in the top restaurants.
- If something is not of good quality, it ^{is} ~~not~~ made very well.

C Rewrite the underlined part of each sentence in the passive voice.

- When people recycle, we reduce the amount of trash. the amount of trash is reduced.
- If people spend only five minutes in the shower, they waste less water. less water is wasted.
- These days, companies produce more efficient vehicles. more efficient vehicles are produced.
- People teach children to care about the planet from an early age. children are taught.
- We use 27,000 trees every day to make toilet paper. 27,000 trees are used.
- People design new cell phones all the time. new cell phones are designed.

Lesson B Listening

A 15 Listen to the radio show with Toni Wyatt. Read the statements and circle **T** for *true* or **F** for *false*. Correct the information in the false statements.

1. Toni says that realizing the difference between needs and wants can help us. (T) F
2. In the past, it was ^{easier} harder to know what a basic need was, according to Toni. T (F)
3. According to Toni, we have ^{fewer} more needs today than we used to. T (F)
4. Today, it's ^{hard} impossible to know what is a need and what is a want. T (F)
5. Toni says people sometimes buy things they don't need just because they really like them. (T) F
6. Toni suggests spending money on what really matters. (T) F
7. Buying a cup of coffee every day is a basic need. ^{not} T (F)
8. It's a good idea to avoid spending money on things you don't need. (I) F

B 15 Listen again and write the needs and wants that Toni mentions in the correct column.

Needs	Wants
water - food - clothes - somewhere dry and warm to sleep.	cup of coffee - new rug for the house newest cell phone - pair of shoes you don't need.

C Read the sentences. Underline all the content words.

1. I need a high-quality computer.
2. What time are you leaving today?
3. Saving money can be satisfying.
4. My sister wastes money on luxuries.
5. Make a choice. Will it be the black jacket or the blue sweater?
6. Lina needs to buy books for school, but she wants new sneakers.

D Match the sentence halves.

- | | |
|---|----------------------------|
| <u>g</u> 1. I'm trying to spend less than | a. trash we produce. |
| <u>c</u> 2. I'll have green tea instead | b. luxuries. |
| <u>b</u> 3. Money is a little tight right now. We can't afford many | c. of coffee today. |
| <u>a</u> 4. We're going green by trying to reduce the amount of | d. wasted each day. |
| <u>h</u> 5. The quality of the | e. choice. |
| <u>e</u> 6. I didn't need those new shoes. Buying them was a bad | f. waste less water. |
| <u>d</u> 7. A large amount of food is | g. usual these days. |
| <u>f</u> 8. I take short showers in order to | h. food here is excellent. |

A Write the past participle form of these irregular verbs.

1. know	known	3. send	sent	5. find	found	7. build	built
2. put	put	4. give	given	6. fly	flown	8. write	written

B Check (✓) the sentences in which the *by* phrase is necessary.

- ☒ 1. Contracts are usually written by lawyers.
- ☐ 2. Coffee is grown in Mexico by farmers.
- ☒ 3. Her birthday cake is always baked by her aunt.
- ☒ 4. The teams are chosen by the team leader.
- ☐ 5. Personal items are often left in coffee shops by people.
- ☐ 6. In our neighborhood, the trash is collected twice a week by the garbage truck.
- ☐ 7. Many electronics are made in China by people.

C Match the questions to the answers.

- | | |
|---|---|
| <u>c</u> 1. Is a good education needed to get a job? | a. No, it will take at least a year. |
| <u>d</u> 2. Are many things stolen around here? | b. It would be nice, but I don't think it would make my life much better. |
| <u>e</u> 3. Do you think children should be taught how to save money? | c. It depends. For some jobs, it's necessary, but others provide on-the-job training. |
| <u>b</u> 4. Would your life be improved by having a car? | d. No, generally, it's pretty safe. |
| <u>a</u> 5. Do you think the house can be built quickly? | e. Yes, this is a very important skill. |

D Complete the description with the correct passive form of the verbs in the box.

build give grow make protect reduce share

This is how I imagine the best city in the world... Spacious apartments (1) are built instead of houses to create more space to grow food. The city is full of beautiful parks because all trees and green areas (2) are protected by law. There is less pollution because cars (3) are shared between families. The amount of trash (4) is reduced because everyone recycles, and many things (5) are made from recycled materials. You can buy vegetables and grains that (6) are grown by local farmers. In the supermarkets, fruit (7) is given to children for free to encourage them to eat healthily and avoid junk food.

A Read the article. Match the main ideas to the paragraphs (1–4).

- 3 a. how Rachel gathered information for her photo project about alternative lifestyles
4 b. what Rachel wanted to achieve by making her project
1 c. what led Rachel to make "Connected Off the Grid"
2 d. the importance of technology even in alternative lifestyles

B Read the article again. Write the underlined words and phrases that match the meanings below.

- satisfying 1. pleasing or enjoyable
posting photos online 2. putting pictures on the internet
alternative lifestyles 3. ways of living that aren't usual
disconnect 4. stop connecting to the internet
still be connected 5. continue to be online
a simple basic life 6. a life without luxuries

C Circle the correct option to complete the statements.

- Rachel Bujalski became interested in alternative lifestyles before / after she moved to a boat.
- Rachel thinks technology is a cause of stress / like another home.
- Rachel says people find ways to mix / choose between alternative lifestyles and technology.
- Rachel found that a lot of people think it's easy / difficult to find the right balance between being connected online and living a simple life.
- Often social media was needed / wasn't needed to locate the people Rachel visited.
- Rachel told people about her project by sending out emails / posting photos online.
- Rachel wants / doesn't want to live like the people she met on her trip.

D Answer the questions. Write your answers in complete sentences.

- Why did Rachel Bujalski decide to live on a boat?
rent was cheaper than an apartment.
- What is Rachel's photo project about?
about people who live in unusual places while staying connected to technology.
- How long was Rachel's trip for the project?
It was two months.
- How did Rachel receive information about some of the people in her project?
people gave her information through social media.
- What does Rachel find satisfying about her job as a photojournalist?
It gives her an excuse to explore things that really interest her.
- Where can Rachel and photos from her project be found?
they can be found on social media.

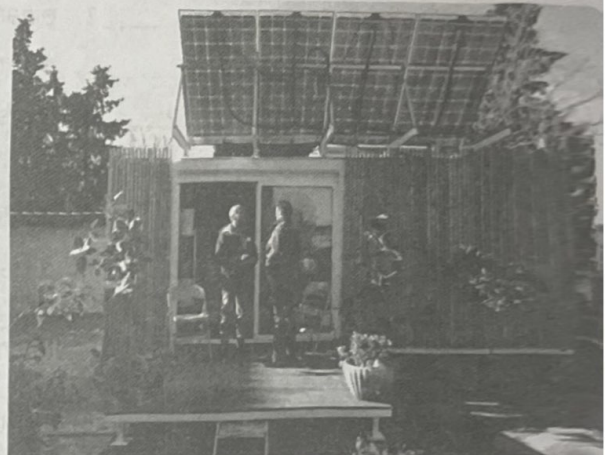
- A** John Benedict is one of the people that Rachel Bujalski visited on her trip (see article on page 52). Read the text below and insert the five missing periods (.). Remember a period comes at the end of a complete sentence. Use capital letters where needed.

John Benedict is an astrologer and massage therapist. he has lived in his van in Topanga Canyon, California for over 25 years to reduce his monthly living costs. everything he owns fits inside his van. to be connected to the rest of the world, he has a phone and a laptop. he uses his friend's shed to cook and electricity. Benedict feels that his simple lifestyle keeps him closer to nature.

- B** Complete the paragraph with the sequence words in the box.

before first last once second

Are you thinking about living off the grid? Follow these steps to make sure that this kind of alternative lifestyle is right for you. (1) first, you need to think about where you're going to live. A small place is better for keeping your energy costs as low as possible. (2) second, you need to decide if you are going to use energy from the sun, wind, or water. (3) last, you need to start preparing yourself for what life will be like without running water and with less electricity. (4) before you go off the grid, you should try giving up modern luxuries like TVs, microwaves, and evening lighting. (5) Once you are convinced that living off the grid is for you, it's time to start making a list of supplies.



▲ A small, solar-powered house that can supply its own electricity

- C** Think about your life. How could you make it simpler? In your notebook, answer the questions with your own ideas.

1. How will you reduce the amount of money you spend each month?
2. What machines or devices will you stop using?
3. How will you use less energy or water?
4. What changes will you make to your home or garden?
5. How will you get from place to place?

- D** Use your answers in C to write a paragraph in your notebook about how you plan to make your life simpler. Use at least four sequence words from the box.

first second before after next eventually finally

Review

A Match the meanings to the words underlined in the sentences.

- c 1. **A:** Do you have any important meetings today?
B: No. It's just a usual day at the office.
- h 2. Helping others can be very satisfying.
- b 3. Some people living off the grid produce their own electricity.
- f 4. I love the quality of these bags.
- a 5. I want to reduce the number of things I own.
- g 6. Buying expensive clothing is a luxury.
- c 7. My brother wastes too much water.
- d 8. You have a choice of fish or chicken today, sir.
- a. make less
b. make
c. use more than is needed
d. option
e. normal
f. how good something is
g. something that is nice but not necessary
h. enjoyable

B Circle the correct word to complete the paragraph.

The (1) luxury / satisfying car industry is looking for ways to increase its profits while keeping its quality. One way is recycling. People can be (2) encourage / encouraged to return old, broken cars to the original manufacturer. This way, parts from the old cars can (3) be / being remade into parts for new vehicles. According to the World Economic Forum, energy costs can be significantly (4) reducing / reduced in this way. Another idea is to encourage more customers to rent a car instead (5) from / of buying one. In this way, a fixed amount (6) \$ / are paid each month for the car's whole life, but the customer doesn't have to pay for any of the usual repairs or maintenance. Even mature industries like the luxury car industry need to look for opportunities to innovate and grow.

C Rewrite the sentences in the passive voice. Do not change the meaning. Use *by* when necessary.

1. The school sends an email about summer camp every year.
an email about summer is sent by the school every year.
2. My mom always prepares Christmas dinner in our house.
christmas dinner is always prepared by my mom.
3. People spend a lot of money on gifts during the holidays.
a lot of money is spent on gifts during the holidays.
4. People in their twenties use the internet every day.
the internet is used by people in their twenties every day.
5. We sometimes forget the things that really matter.
sometimes the things that really matter are forgotten.
6. We make progress when we work hard.
Progress is made when we work hard.