

TEDTALKS

Inspiring Communication

WORLD ENGLISH²

THIRD EDITION

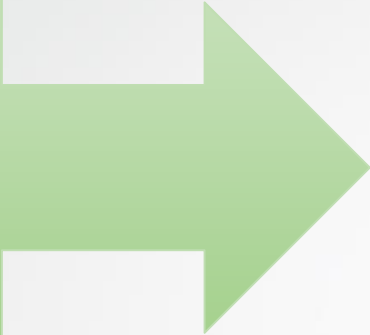
- محیط زیست و فناوری
- ارتباطات و رسانه‌ها
- سفر و فرهنگ جهانی
- مشاغل، سلامت، آموزش
- روابط اجتماعی، سبک زندگی، حقوق بشر
- شهرها، طبیعت، خلاقیت و نوآوری

- Do you know you body?
- Do you know you problem?
- How can we understand?



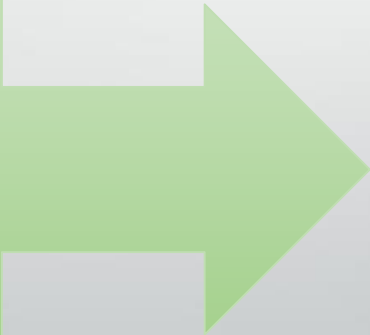


The **comparative** expresses similarities or differences between two people or things.
Form the comparative with an adjective +
-er + than or *more / less + adjective + than*.



Henry is **healthier than** his father.
A cold is **less serious than** the flu.
Nothing is **more important than** good health.

The **superlative** expresses extremes among three or more people or things.
Form the superlative with *the + adjective*
+ *-est* or *the most / least + adjective*



Walking is **the healthiest** exercise for many older adults.
Having good social connections is **the most beneficial** thing we can do for our health.

The **equative** is used when two people or things are or are not the same, use this pattern: *(not) as + adjective + as*

Sitting for too long can be **as harmful as** smoking cigarettes.

For me, swimming in a pool is **not as enjoyable as** taking a yoga class.

Some adjectives have irregular comparative and superlative forms:
good / better / best
bad / worse / worst
far / farther / farthest

Add *-er / -est* to most adjectives with 1 or 2 syllables. Use *more / less* or *the most / least* with some 2-syllable adjectives and all adjectives of 3 or more syllables. When adjectives end in *-y*, change the *-y* to *-i* and add *-er / -est*.



How we can stay healthy

I try to walk every day as much as possible.

I try to not to eat fast food

I try to start exercise as soon as possible.

I try...

How we can have healthy life style?

Listen to 3 people talk about their health

Exercise: What kind do you get?
How often?
Diet: What do you usually eat?



Everyday Ailments

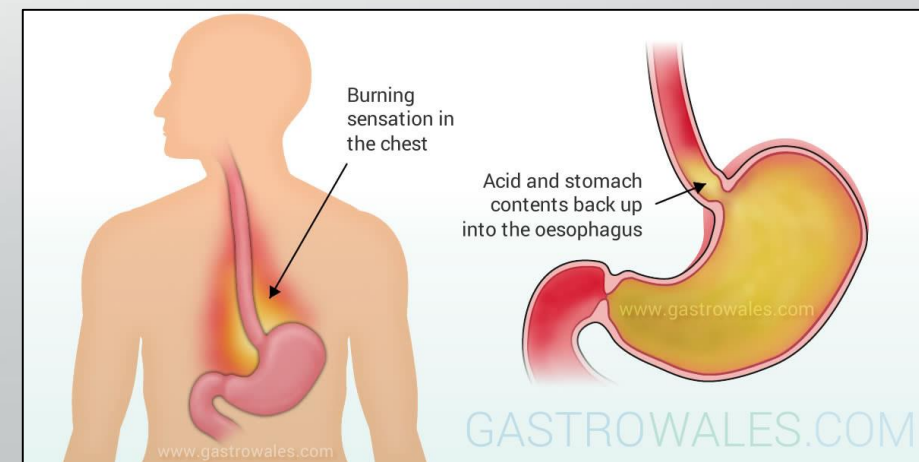
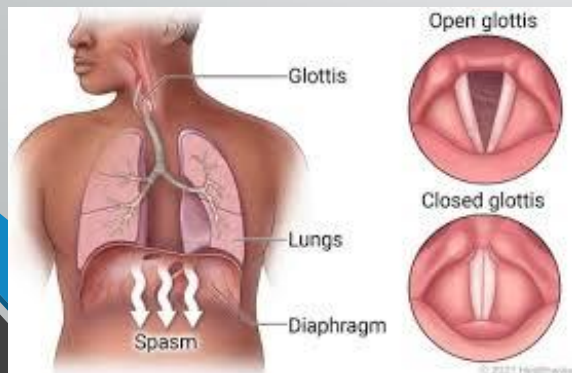
Insomnia /In'sɒm.ni.ə/ noun [U]: the condition of being unable to sleep, over a period of time

Pimple /'pɪm.pl/ noun [C]: a small raised spot on the skin that is temporary

Indigestion /,ɪn.dɪ.dʒes.tʃən/ noun [U]: pain that you get in your stomach when you have eaten food that is difficult to digest

Nausea /'nɔː.zi.ə/ noun [U]: the feeling that you are going to vomit

Hiccups /'hɪk.ʌp/ noun [C]: a loud noise that you make in the throat without wanting to, caused by a sudden tightening of a muscle just below the chest and usually happening repeatedly



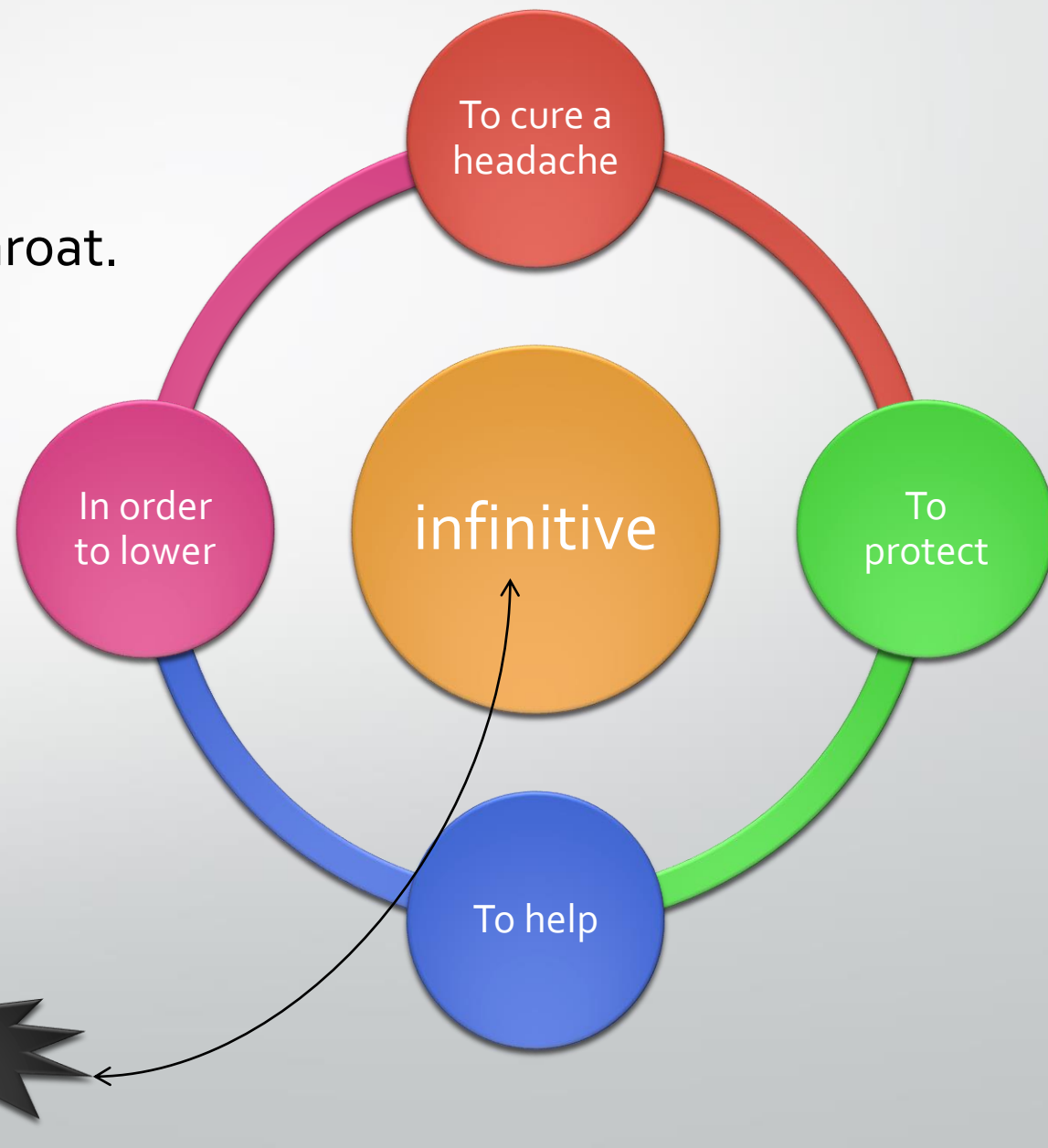
Choose the best answers

Drink tea with honey ~~to help~~ a sore throat.

Use sunscreen ~~to protect~~ your skin.

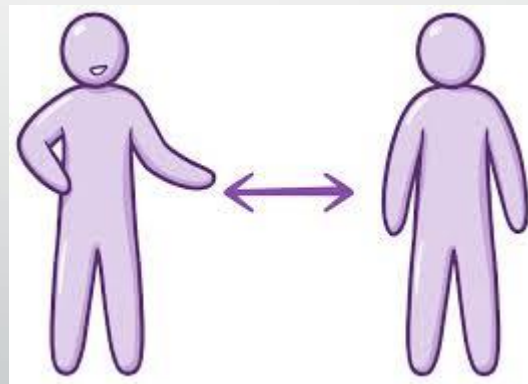
I had some pill ~~In order to lower~~ my fever.

~~To cure a headache~~, I take a nap.



Spread of disease

- 1-How can a sick person make other people sick?
- 2-The last time you got sick, how do you think you caught the illness?



How can we prevent the spread of disease

Although there are several ways to prevent the spread of disease, staying home when you are sick may be the best way.

A good topic sentence gives the main idea of a paragraph. In addition, a good paragraph includes details to support, or give more information about, the main idea.

Some types of supporting details:

descriptions

examples

explanations

facts

reasons

Complete the chart in
part D



Choose one of the topics

Exercise

have a positive attitude

healthy foods



Write a paragraph as you've learnt