

Part 1 – Speed Chat Warm-Up

Speak with different partners. Ask follow-up questions and develop the conversation naturally.

Partner 1

Question: What kinds of activities make you genuinely happy, and why?

Notes about your partner:

Partner 2

Question: How do you usually spend your time when you feel bored or unmotivated?

Notes:

Partner 3

Question: What is a movie that had a strong impact on you? Explain why.

Notes:

Partner 4

Question: What are your long-term career ambitions? What motivates you?

Notes:

Part 2 – Fluency vs Accuracy Reflection

Round 1: Focus on accuracy

How did you feel when you focused on speaking perfectly?

Round 2: Focus on fluency

How did you feel when you focused on speaking freely and naturally?

Reflection Question

Which approach helped you communicate better, and why?

Part 3 – Personal Story Fluency Drill (4-3-2 Activity)

Choose ONE story from your life.

Examples:

- a challenging experience
- an embarrassing moment
- a surprising situation
- a memorable trip
- a difficult decision

Story Title:

Key points to include:

- Who was involved: _____
- Where it happened: _____
- What happened: _____
- Why it was meaningful: _____

Part 4 – Interaction Game: Never Have I Ever

Write TWO original “Never have I ever...” statements.

Example: Never have I ever done something I regret.

1. Never have I ever _____
2. Never have I ever _____

If your partner says YES, ask follow-up questions:

- What happened?
- Why did you do it?
- How did you feel?
- Would you do it again?

Notes:

Part 5 – Fluency Building Expressions

Use these expressions to sound more natural.

Actually...

Basically...

To be honest...

I mean...

You know...

From my perspective...

What I find interesting is...

The thing is...

Practice: Complete the sentences

1. To be honest, I think _____
2. From my perspective, social media _____
3. What I find interesting is _____
4. Basically, the reason is _____

Part 6 – Self-Evaluation

Reflect honestly on your speaking today.

Circle the number that best represents your performance:

Speaking confidence

1 2 3 4 5 6 7 8 9 10

Speaking fluency

1 2 3 4 5 6 7 8 9 10

Speaking speed

1 2 3 4 5 6 7 8 9 10

Personal Goal for Next Session

Example: Speak more confidently / hesitate less / use new expressions

My goal:

Bonus Challenge (Optional)

Speak for 60 seconds without stopping:

Topic: Has technology improved our lives overall?

Key ideas:

Remember:

Fluency improves through communication, not perfection.