

Adverbs of frequency

Expressions of frequency

ADVERBS OF FREQUENCY

EL TARRÓ DE LOS IDIOMAS

ALWAYS 100%

You always eat at two o'clock.



USUALLY 95%

They usually eat fruit.



OFTEN 75%

We often play basketball.



SOMETIMES 50%

I sometimes eat chocolate.



RARELY 25%

I rarely play guitar.



HARDLY EVER 5%

They hardly ever use the car.



NEVER 0%

I never watch TV.



Adverbs of frequency

- ☆ We use adverbs of frequency to say how often we do something.

No. of times	Adverbs	Example phrases
1	once	once a week
2	twice	twice a week
3	three times	three times a week
4	four times	four times a week
5	five times	five times a week

Expressions of frequency

How often do you see Tom?

Every	day.	Once	a day.
	morning.	Twice	a week.
	afternoon.	Three times	a month.
	evening.	Four times	a year.

Expressions of frequency are placed **AT THE END** of the sentence.

Position of frequency adverbs:

Affirmative

Vicky **usually** drives to work.

**before the
main verb**

Vicky is **never** late for work.

**after the
verb to be**

Negative

Vicky doesn't **usually** walk.

**after the
auxiliary
(don't/doesn't)**

Vicky isn't **often** late for work.

**after the
verb to be
(negative)**



Adverbs of frequency come...

- 1- After the verb "be."
- 2- Before the other verbs.

Order the words correctly.

- 1- I / late / am / never / for work
.....
- 2- My mom / usually / is / busy
.....
- 3- Kate / often / English / studies
.....
- 4- My dad / angry / sometimes / is
.....
- 5- My grandma / nice / is / always
.....
- 6- He / trusts/ anybody / never
.....
- 7- I / watch / TV series / rarely
.....

Answer the questions below.

- 1- How often do you go to the cinema?
.....
- 2- How often do you visit a museum?
.....
- 3- How often do you ride a bicycle?
.....
- 4- How often do you go camping?
.....
- 5- How often do you travel abroad?
.....
- 6- How often do you order fast food?
.....
- 7- How often do you play video games?
.....
- 8- How often do you watch TV?
.....
- 9- How often do you go to the gym?
.....
- 10- How often do you go shopping?
.....