

Lesson Plan: Talk About the Things You Value

Warm-up Questions

1. What things are most important to you in life?
2. Do you think people in your country value the same things as people in Japan? Why or why not?
3. How do education, safety, and income affect people's happiness?
4. What do you think gives people life satisfaction?
5. Would you rather have more free time or more money? Explain why.

Vocabulary (English–English Meanings)

Word	Meaning
Opportunities	Situations that make it possible to do something.
Criteria	Standards used to judge or decide something.
Wealth	A large amount of money or valuable possessions.
Career	A job or profession someone does for a long time.
Afford	To have enough money to buy something.
Value	To think that something is very important.
Access	The right or opportunity to use or see something.
Balance	A state where two things have equal importance.
Income	Money received from work or investments.
Satisfaction	The pleasure or happiness from achieving something.

Examples

Word	Example Sentence
Opportunities	She took every opportunity to learn new skills.
Criteria	The main criteria for the job are experience and motivation.
Wealth	His wealth allows him to travel around the world.
Career	She has a successful career in medicine.
Afford	I can't afford a new car right now.
Value	I really value our friendship.
Access	Everyone should have access to clean water.
Balance	It's important to keep a balance between work and rest.
Income	Her income is higher now that she got promoted.
Satisfaction	He felt great satisfaction after finishing the project.

Discussion Questions

1. What things do you personally value most in your life? Why?
2. Do you think wealth brings satisfaction? Explain using examples.
3. How does access to education affect career opportunities?
4. Is work-life balance more important than income for you? Why or why not?
5. How can people improve their satisfaction without having a lot of wealth?

Grammar Practice: Infinitives and -ing Forms

1. What's more important to you: to earn more money or to have more free time?
2. What things do you enjoy doing in your free time?
3. What are you planning to do after you finish your studies?
4. He's interested in _____ (improve) his English. → Fill in the correct form.
5. It's important _____ (save) money for emergencies. → Fill in the correct form.

End of Lesson

Encourage students to reflect on what they truly value and how these values shape their life decisions.